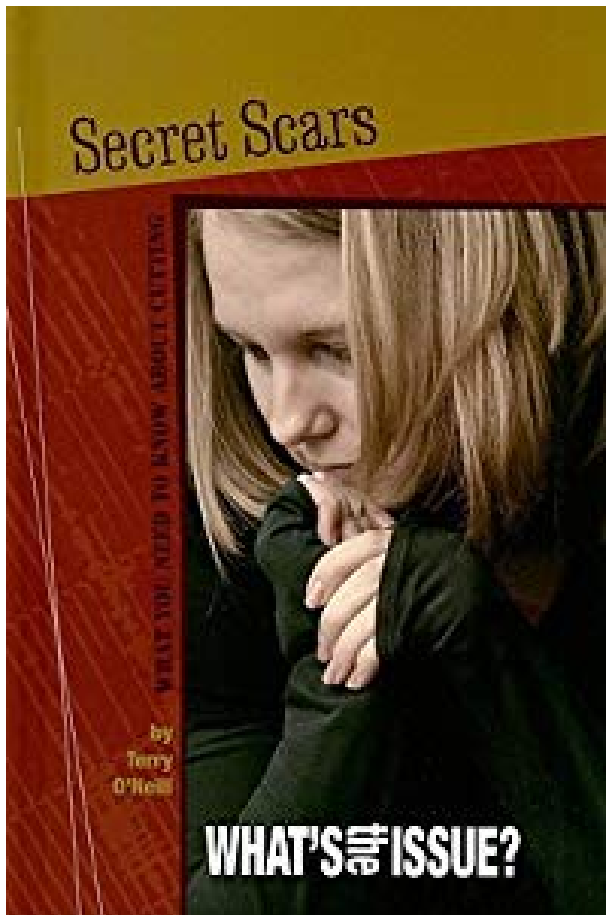


# Secret Scars: What You Need to Know about Cutting



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Nearly one in 20 teens secretly cut themselves. On the outside, the cutters may look like the person who sits next to you in history class. But inside they are full of emotional turmoil.

Part of the What's the Issue? series, *Secret Scars: What You Need to Know about Cutting* explores the reasons teens turn to cutting. It includes information from teens and offers resources for those who want to help themselves or someone they know.