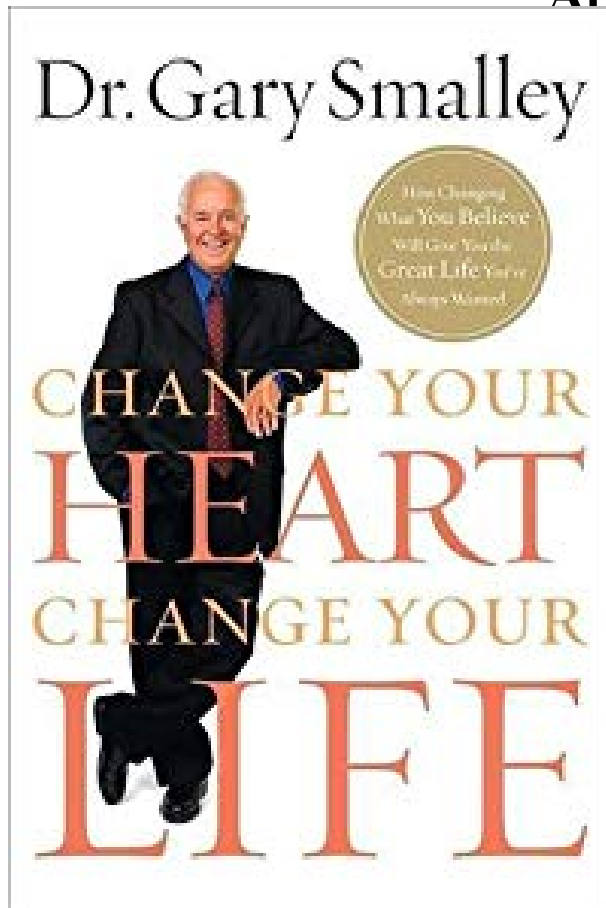


# Change Your Heart, Change Your Life: How Changing What You Believe Will Give You the Great Life You've Always Wanted



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Out of your heart flow your words and actions. Change your heart, and you'll change your life. According to best-selling author Dr.

Gary Smalley, nobody has to live by the destructive subtle lies or believe the distortions of truth this world holds out to us. There are steps, strategies, and beliefs people can bring to their lives to either totally transform them or quietly improve them-and it all starts with hiding God's Word in their hearts. Hiding God's Word in his heart radically changed the life of Smalley himself, and he is seeing it revolutionize the lives of people around him as well-from lust, materialism, selfishness, anger, stress, overeating, anxiety, and guilt, just to name a few. No matter a person's age, experiences, or previous patterns, this book will guide readers to the whys and hows of orchestrating their beliefs to forever change their lives and relationships.