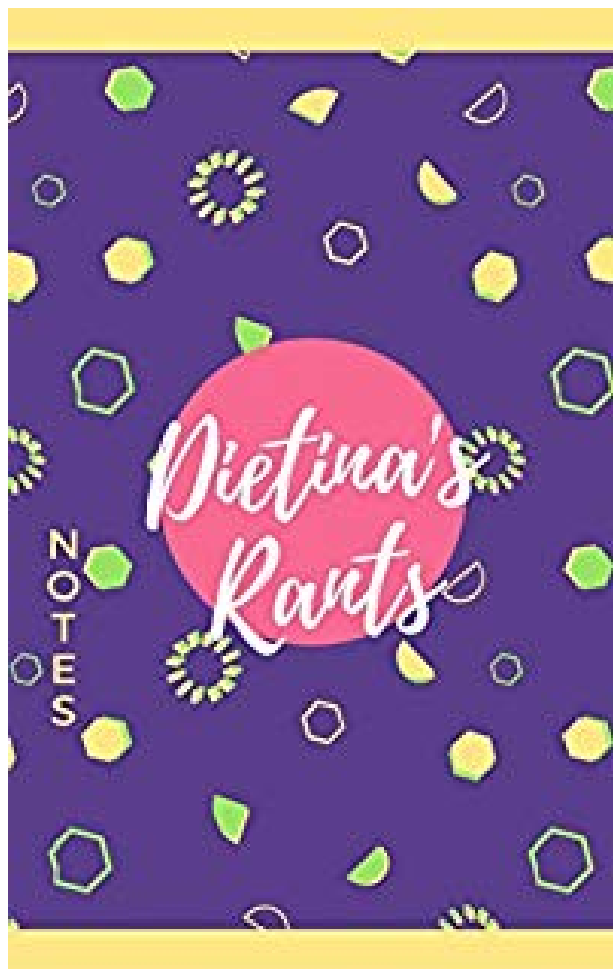


# Dietina's Rants



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Dietina brings both advice and laughter into the world of dieting. As she struggles to keep her weight down, this baby boomer never loses her sense of humor. Follow along with the trials and tribulations of Dietina inside Dietina's Rants.