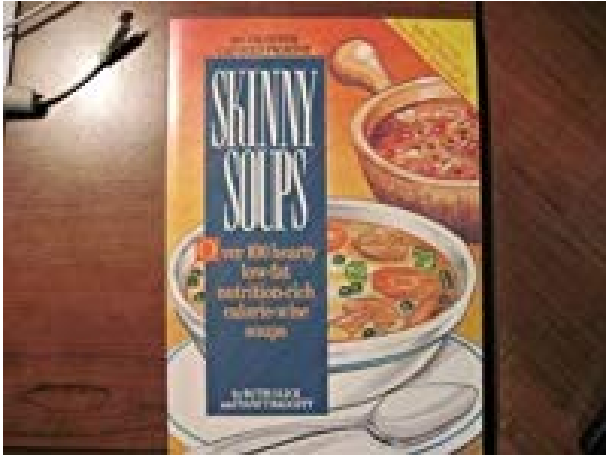


Skinny Soups (Trade Paper)



Pages:	208
Genre:	Uncategorized
Language	English
Author:	Ruth Glick
ISBN10:	0940625415
Goodreads Rating:	4.33
Published:	December 31st 1992 by Surrey Books
ISBN13:	9780940625419

[Skinny Soups \(Trade Paper\).pdf](#)

[Skinny Soups \(Trade Paper\).epub](#)

Here is a full range of soups for every taste, season, and occasion--all specially designed to meet today's health goals. Super-fast and easy recipes are designated, and nutritional and dietary information is included for each recipe. 50 line drawings.