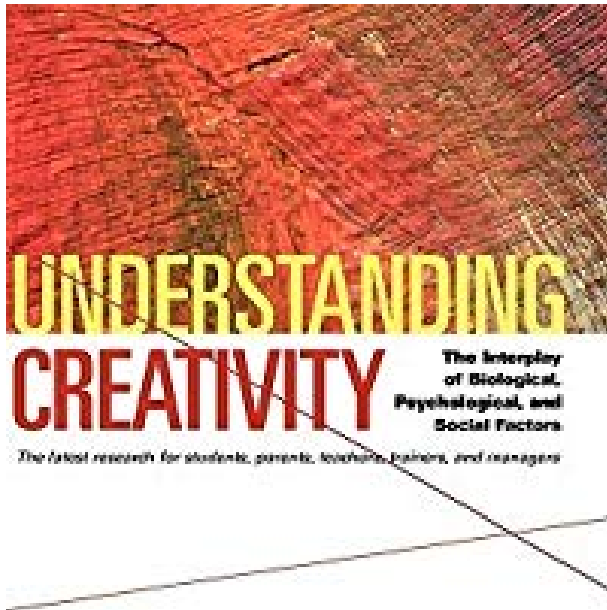


# Understanding Creativity: The Interplay of Biological, Psychological, and Social Factors



**John S. Dacey**  
**Kathleen H. Lennon**

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In *Understanding Creativity*, authors John S. Dacey and Kathleen H. Lennon offer a thorough examination of the three factors - biological, psychological, and social - that contribute to the creative process. In clear and lively language, this book explores a breadth of topics on creativity including: how creative people operate as successful and imaginative problem solvers, the essential role self-control plays in realizing creative potential, and the most current discoveries about how the brain works on the neuronal and chemical levels. Most important, the book presents an innovative model that integrates the biological, psychological, and social elements and reflects the most significant advances in current creativity research.