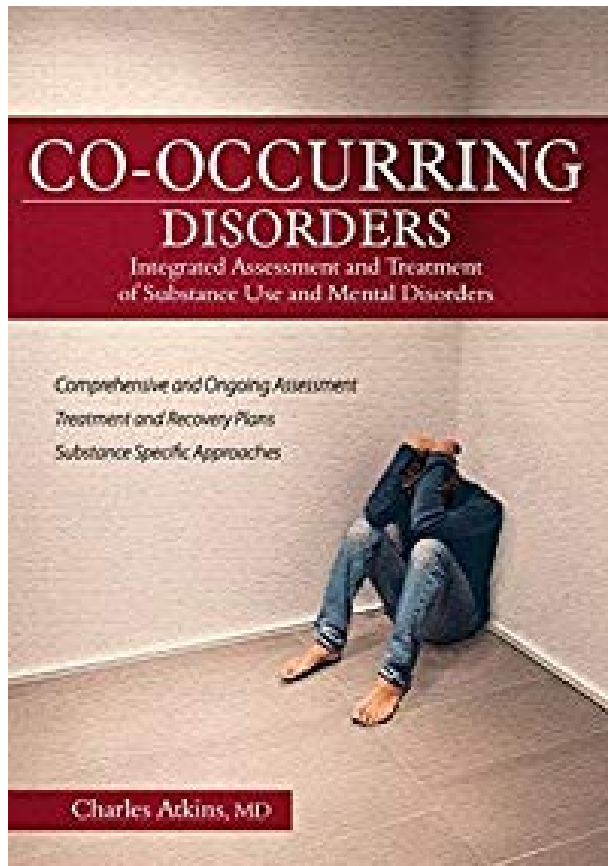


Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders



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[Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders.pdf](#)

[Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders.epub](#)

Despite an increased awareness of co-occurring disorders, most current treatment paradigms still focus on one problem or the other, leaving much unassessed, unaddressed, or ignored. Until now—and a revolutionary new book from Dr. Charles Atkins that can break the cycles of relapse for those intertwined with substance use and mental illness. Co-Occurring Disorders is a guide to practical assessment and effective treatment approaches for working with any number of co-occurring disorders. This step-by-step approach, demonstrated through diverse case studies, gives you the tools you need to improve and track your clinical outcomes.

This is a must-have resource for both the rubber-meets-the-road clinician, who wants effective strategies and a clear direction for treatment and recovery, and the administrator who creates interventions at the system level with attention to regulatory and reimbursement demands. Also included is a comprehensive state-by-state Guide to Mental Health and Substance Abuse Agencies and Prescription Monitoring Programs. Evidence-Based Integrated Treatment, finding the right tool for the job: *Motivational Interviewing *Cognitive-Behavioral Therapy and Strategies *Skills Training *Mindfulness Training *Mutual Self-Help & Peer-Based interventions *Wellness interventions *Recovery based *Family interventions *Assertive Community Treatment and Targeted Case Management *Psychopharmacology including opioid and nicotine replacement strategies Diagnosis-Specific Issues in Co-Occurring Disorders: *ADHD *Depression and

Bipolar Disorders *Anxiety and PTSD *Schizophrenia and other Psychotic Disorders *Personality Disorders
Substance-Specific Issues in Co-Occurring Disorders: *Alcohol *Opioids *Tobacco *Cocaine and other
Stimulants, including Bath Salts *Cannabis & Synthetic Cannabis *The Internet and other sources of Drugs