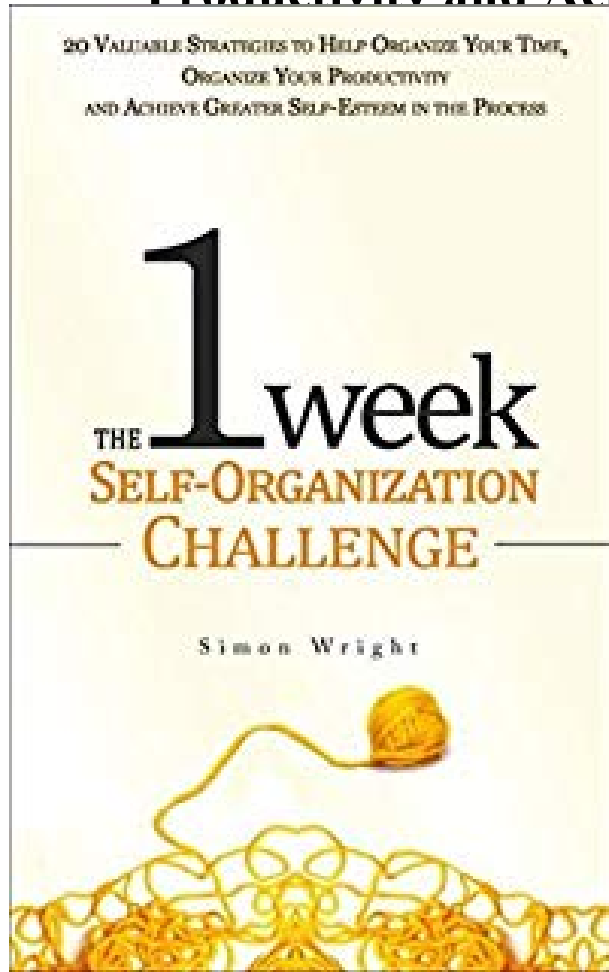


The 1 Week Self-Organization Challenge: 20 Valuable Strategies to Help Organize Your Time, Organize Your Productivity and Achieve Greater Self-Esteem in ... (elf Esteem, Setting Goals)



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The 1 Week Self-Organization Challenge - 20 Valuable Strategies To Help Organize Your Time, Organize Your Productivity And Achieve Greater Self-Esteem In The Process This book contains proven steps and strategies to help you improve your productivity by adopting 20 to assist you in achieving greater self esteem as you gain more control over your life.

These steps have been written in a very general and relatable way so that they can be useful to you no matter what you do or where you're from. I am sure by the end of this book, you will have learned more than a few things about optimizing your use of time and your productive skills , and, in turn, improve the management of your life as a whole. Organizing our lives and schedules has been a thing that many continually battled with throughout the ages. It is not uncommon to hear people complaining about having too little time to do

anything, or not getting enough rest or quality time with their loved ones due to their impossible schedules. In The 1 Week Self-Organization Challenge, you will learn: Six strategies to improve your productivity Six tips to optimize your mindset Five action principles for better planning Three ways that you can motivate yourself with rewards and punishments. This book is intended to help you to organize your time, organize your productivity and achieve greater self-esteem in the process. The journey towards complete efficiency is a long and end one as complete efficiency is an ideal that can never be achieved. But that is not the aim here. The aim is to get as close as possible to the ideal that it makes a great difference in our lives and how we live it. A great deal of self-confidence is derived from always being in the driver's seat as regards to our lives. We should be living our lives as conductors in an opera and not as spectators who have no control over where things are headed or the outcomes ignorance, laziness or a lack of appreciation of what is to be gained by doing things the right way, all the time. ACT NOW! Click that orange BUY button at the top of this page! Then, you can immediately begin to read The 1 Week Self-Organization Challenge - 20 Valuable Strategies To Help Organize Your Time, Organize Your Productivity And Achieve Greater Self-Esteem In The Process on your Kindle device, computer, tablet or smartphone. Tags: organization, success, efficiency, productivity, achievement, self-esteem, goals