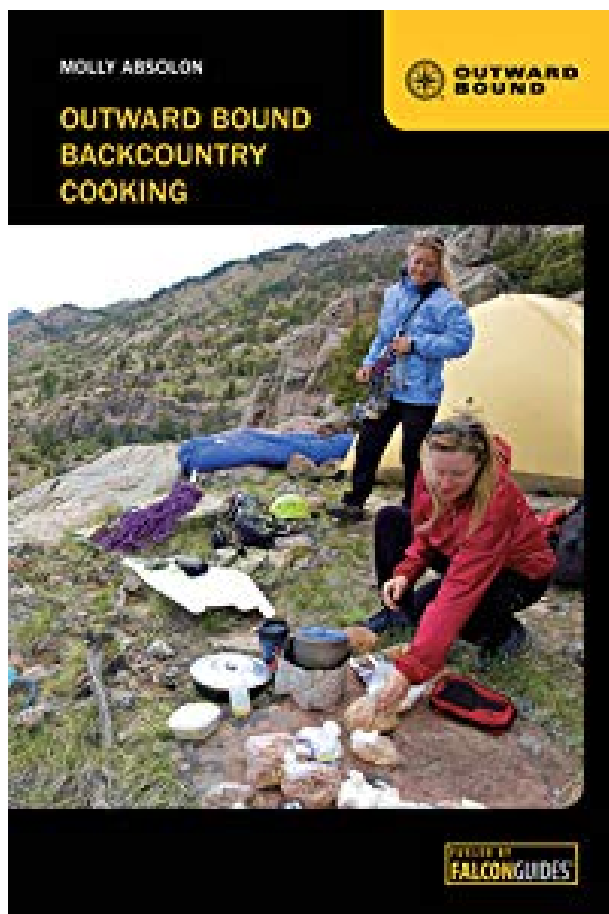


Outward Bound Backcountry Cooking



Pages:	128
Genre:	Uncategorized
Language	English
Author:	Molly Absolon
ISBN10:	0762781734
Goodreads Rating:	3.71
Published:	January 1st 2013 by FalconGuides
ISBN13:	9780762781737

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Outward Bound Backcountry Cooking is a handy resource on the fundamentals of great trail food, including information about food preparation and storage, cooking tips for different weather, keeping food fresh, and planning and packing meals plus recipes for great outdoor meals.

In partnership with outdoor leader Outward Bound, this book combines expert instruction with practical tips to ensure a fun and a satisfying meal for your next outdoor adventure.