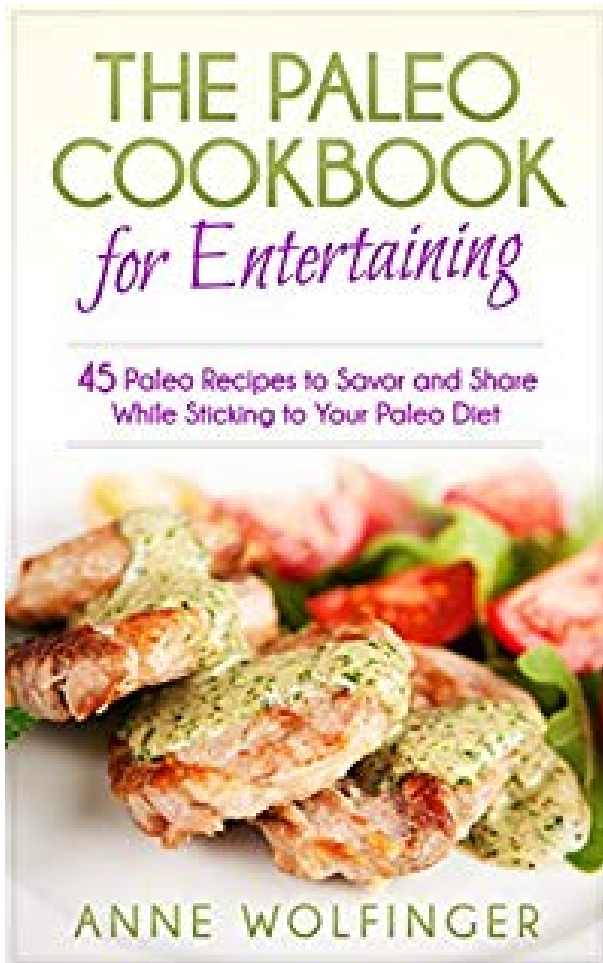


Paleo: The Paleo Cookbook for Entertaining: 45 Paleo Recipes to Savor and Share While Sticking to Your Paleo Diet

Pages:	88
Genre:	Uncategorized
Language	English
Author:	Anne Wolfinger
ASIN	B0141BTSM4
Goodreads Rating:	2.50
Published:	August 16th 2015 by AWA Publishing



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New, from the author of the best selling book, The HCG Diet Quick Start Cookbook: 30 Days to a Thinner You! Dieting and entertaining are two words never uttered in the same sentence – until now. The Paleo Cookbook for Entertaining: 45 Paleo Recipes to Savor and Share While Sticking to Your Paleo Diet is the quintessential guide to both feeding a hungry crowd and maintaining your healthy Paleo diet. Inside you will find meals and appetizers that adhere to your Paleo dieting needs without sacrificing taste. No one will ever guess that any of the delicious meals you've whipped up are as good for you as they are good to you. Utilizing the same tips and tricks that helped you reach your weight loss success, you can easily prepare delicious, healthy Paleo-diet-compliant meals for guests and feel good about doing it. Soon, they'll be begging you to for the recipes, not even knowing they are Paleo recipes! Don't skimp on a good meal when you have so many options available at your fingertips. These 45 simple recipes will transform the way you eat and the way you think about entertaining while maintaining your Paleo diet.

Note from author: I eat so much better when I'm following a diet than when I'm doing the grab-and-go.

The Paleo diet is my go-to diet plan for maintaining a healthy weight for life. A little planning and preparation can easily help you achieve this on a daily basis.

But now, with *The Paleo Cookbook for Entertaining: 45 Paleo Recipes to Savor and Share While Sticking to Your Paleo Diet*, you can spread the Paleo diet joy and your friends won't even know it! Food and friendship go hand in hand and now paleo food and friendship pair up easily and simply as well. So get out there and enjoy life! Best wishes, Anne